

**MEDICAL HEALTH QUESTIONNAIRE – VIRGINIA COLONOSCOPY AND CENTER FOR HEALTH  
DR. KEITH BERGER AND DR. BETH JAKLIC | PH: (757) 412-4919 FAX: (757) 412-4898**

Patient's Name: \_\_\_\_\_ DOB: \_\_\_\_\_

**Reason for Visit**

Reason  Colonoscopy  Colo & EGD  E-Visit  
 Referred:  Consultation  Weight Loss  EGD

Yes  No Are you experiencing any of the following?

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Diarrhea               | <input type="checkbox"/> Chest pain                 | <input type="checkbox"/> Indigestion           |
| <input type="checkbox"/> Change in bowel habits | <input type="checkbox"/> Anemia                     | <input type="checkbox"/> Difficulty swallowing |
| <input type="checkbox"/> Blood in stool         | <input type="checkbox"/> Persistent heartburn       | <input type="checkbox"/> Prostate issues       |
| <input type="checkbox"/> Abdominal pain         | <input type="checkbox"/> Positive Occult Stool Test | <input type="checkbox"/> Positive Cologuard    |
| <input type="checkbox"/> Chronic Constipation   |   |  |

If yes, please explain: \_\_\_\_\_

**Patient Preferences**

Pharmacy: \_\_\_\_\_ Ph. # \_\_\_\_\_  
 Lab: \_\_\_\_\_ Ph. # \_\_\_\_\_  
 PCM: \_\_\_\_\_ Ph. # \_\_\_\_\_  
 Referring MD: \_\_\_\_\_ Ph. # \_\_\_\_\_  
 Other Providers: \_\_\_\_\_ Ph. # \_\_\_\_\_

**Allergies**

Yes  No Drug, food, iodine, shellfish, latex, or any other allergies?

Allergies: \_\_\_\_\_  
 Reactions: \_\_\_\_\_

**Medication List:**

	Name	Dose	How Often
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			

**Family History**

Yes  No Family Hx of gastrointestinal cancers, colon polyps, rectal cancer, or IBD?

Who? \_\_\_\_\_ Age of Onset? \_\_\_\_\_

Yes  No Family Hx of stomach, esophageal, or rectal cancer?

Explain: \_\_\_\_\_

**Problems**

- Yes  No Antibiotics prior to procedure?  
 Yes  No Any bleeding problems?  
 Yes  No Currently pregnant?  
 Yes  No Diabetic?  
 Yes  No Do you take insulin?

- Yes  No Heart problems?  
 Leaking or artificial heart valve  Pacemaker/Internal defibrillator  
 High blood pressure  Murmurs  
 Mitral valve prolapse

If yes, please explain: \_\_\_\_\_

Yes  No Stroke?

Yes  No BMI > 35? HT \_\_\_\_\_ WT \_\_\_\_\_ BMI \_\_\_\_\_

Yes  No Kidney Problems?

If yes, please explain: \_\_\_\_\_

Yes  No Lung/Breathing problems  
 Sleep apnea  COPD  Emphysema  
 Asthma  CPAP Device

If yes, please explain: \_\_\_\_\_

Yes  No Exposure to contagious diseases?

HIV  TB  Hepatitis B  
 Covid-19  Hepatitis C

Yes  No Have you been in contact with anyone that has tested positive for Covid-19 or believes that they have it?

Who? \_\_\_\_\_ When? \_\_\_\_\_

Yes  No Have you traveled anywhere in the last month? Where? \_\_\_\_\_

Yes  No Have you had a fever, chills, or ANY cold or flu-like symptoms in the past two weeks?

Yes  No Prior endoscopy or colonoscopy?

When? \_\_\_\_\_ Where? \_\_\_\_\_ Who performed? \_\_\_\_\_

Results: \_\_\_\_\_

Yes  No Any previous colonoscopy/anesthesia complications?

Explain: \_\_\_\_\_

Yes  No Any problems with previous colonoscopy prep?

Explain: \_\_\_\_\_

Yes  No Taking any blood thinners?

Coumadin  Eliquis  Pradaxa  Xarelto

Other \_\_\_\_\_

Yes  No Taking any platelet inhibitors?

Plavix  Dipyridamole  Aspirin  Other \_\_\_\_\_

Yes  No Do you take NSAID's?

Ibuprofen  Aleve  Motrin  Other \_\_\_\_\_

Yes  No  Quit – When? \_\_\_\_\_  Smoke tobacco?

If yes, how much/how long? \_\_\_\_\_

Yes  No  Do you drink alcohol?

How much? \_\_\_\_\_ per day/ per week (circle one)

**Surgical History**

Dates	Diagnosis/Procedure Done	M.D.
_____	_____	_____
_____	_____	_____
_____	_____	_____

**Past Medical History**

- Yes  No Barrett's esophagus?  
 Yes  No Bleeding disorder?  
 Yes  No Breast cancer?  
 Yes  No Crohn's disease?  
 Yes  No Diverticulitis/Diverticulosis? (circle one)  
 Yes  No GERD/Reflux?  
 Yes  No Ulcerative colitis?

*Please do not write in this box -- for staff notes only*

Staff Initials: \_\_\_\_\_ Date: \_\_\_\_\_ Clearances needed? \_\_\_\_\_