



Procedure Date: \_\_\_\_\_ Doctor: \_\_\_\_\_  
 Procedure Time: \_\_\_\_\_ Check-In Time: \_\_\_\_\_

# ENDOSCOPY PREP INSTRUCTIONS

1 Week Prior	1 Day Prior	Day of Procedure
<ul style="list-style-type: none"> <li>Discontinue taking any acid blockers (Nexium, Prilosec, Zantac, etc.) or Pepto-Bismol <b>7 days</b> prior to your procedure</li> <li><b><u>*LAST CHANCE TO CANCEL YOUR PROCEDURE! PLEASE CALL THE OFFICE TO CANCEL/RESCHEDULE</u></b></li> </ul>	<ul style="list-style-type: none"> <li>Discontinue smoking or the use of any tobacco products <b>24 hours</b> prior to your procedure</li> </ul>	<ul style="list-style-type: none"> <li>Take your heart and blood pressure medications as prescribed with small sips of water as early as possible</li> </ul>
<p style="text-align: center;"><b>***ONLY DISCONTINUE ANY ASPIRIN OR BLOOD THINNERS AFTER OBTAINING APPROVAL FROM OUR OFFICE***</b></p> <ul style="list-style-type: none"> <li>Discontinue aspirin products/platelet inhibitors <b>5 days</b> prior to your procedure (i.e., Plavix, Coumadin/Warfarin, Aspirin, etc.)</li> <li>Discontinue any arthritic medications <b>2 days</b> prior to your procedure</li> <li>Discontinue any anticoagulants <b>2 days</b> prior to your procedure (i.e., Xarelto, Mobic, Pradaxa, etc.)</li> </ul> <p style="text-align: center;"><b>***IF YOU HAVEN'T GOTTEN APPROVAL FROM OUR OFFICE ABOUT STOPPING YOUR BLOOD THINNER/ASPIRIN, CALL US ASAP!***</b></p>	<p style="text-align: center;"><b>* THERE ARE ABSOLUTELY FOODS OR LIQUIDS, INCLUDING WATER, AFTER:</b></p> <p style="text-align: center;">_____</p> <p style="text-align: center;">(5 Hours prior to your procedure start time)</p> <p style="text-align: center;"><b><u>* IF YOU EAT/DRINK AFTER THIS TIME, YOUR PROCEDURE WILL BE DELAYED OR CANCELLED</u></b></p>	<ul style="list-style-type: none"> <li>Nothing to eat or drink, not even water, until after your procedure is complete</li> <li>Bring your paperwork filled out along with your Government Issued Photo ID or Driver's License and your insurance cards</li> <li>Please leave all valuables at home. We are not liable for any theft or damage to these items</li> </ul>
<ul style="list-style-type: none"> <li>Continue to take your heart and blood pressure, or other required medications, as prescribed</li> <li>You will need a responsible adult to drive you home after the procedure             <ul style="list-style-type: none"> <li><b>NO taxis/transportation services (unless accompanied by a responsible adult)</b></li> <li>You will not be able to drive until the following day after your procedure</li> </ul> </li> </ul> <p style="text-align: center;"><b>*PLEASE CALL THE OFFICE TO CANCEL/RESCHEDULE YOUR APPOINTMENT. CANCELLATIONS WITHIN 5 BUSINESS DAYS ARE SUBJECT TO A \$100 CANCELLATION FEE!***</b></p>		